

February 2022

## Dual Language Learners Month

### Education

Educational Services continues to be on Remote learning until February 25, 2022. Staff were guided on what services they will be providing to families and children for 30 days. Furthermore, all received orientation on Remote learning services and refresher on NN Reopening plan and NN Safe Schools Framework. HS continues to provide curbside services on Fridays. We ask that you continue to practice safety during curbside (wear masks and gloves).

The themes selected are aligned with both Dine Curriculum and Creative Curriculum study guides. NHS has developed a scope and sequence for Teachers to select a theme and weekly topic for children to learn. Center staff will be planning the next following months with Spring and Summer Scope and Sequence 2022, introducing: Mountain/landscapes, sports, homes, community, our Nation, cultural productions, and animal habitats.

This month NHS will celebrate our language and how we have come so far, generation after generations. NHS center staff are encouraged to speak our Navajo language in the classroom and utilize Situational language in the classroom. This week share a new word of the day and try a handling verb "dahdiish'aah (I will hold)". Speaking and hearing words through out the day will assist the child in picking up the language.

Lastly, below are upcoming due dates for the month of February 2022. All centers will complete enter documentation daily.

#### NHS Calendar Update

- Jan. 31, 2022- February 4, 2022- Parent Teacher Conferences
- February 4, 2022- Professional Development Day
- February 21, 2022-President's Day (closed)
- February 21-25, 2022- Dual language learners' week

*Reminder: Refer to NHS Reopening Plan and NN Safe Schools Framework. You also*

*look at NN Department of Health website under COVID-19 schools.*



# NHS DISTRICT NEWSLETTER

## Mental Health & Disability

MHD Team

- ❖ Lena Yellowhair, Mental Health and Disabilities Specialist (D)

[lenayellowhair@nndode.org](mailto:lenayellowhair@nndode.org)

(928) 206-3346

- ❖ Ricky Smith, Mental Health and Disabilities Liaison

[rickysmith@nndode.org](mailto:rickysmith@nndode.org)

(928) 551-4418

Districts 2 and 3

- ❖ Sheressa LaPahe, Mental Health and Disabilities Liaison

[sheressalapae@nndode.org](mailto:sheressalapae@nndode.org)

(928) 206-7148

Districts 1, 4, & 5

## Navajo Nation Employee Counseling Services

P.O. Box 1360

Window Rock, Arizona 86515

Direct Phone: (928) 871-6530

Cell: (928) 206-7533

Fax: (928) 871-6408

[www.isd.benefits.navajo-nsn.gov](http://www.isd.benefits.navajo-nsn.gov)

email: [rondaroan@navajo-nsn.gov](mailto:rondaroan@navajo-nsn.gov)

## Child Find LEA Dates and Contact numbers

- San Juan Blanding School District: By appointment and walk ins. Contact numbers 435-678-1222, 435-678-1822, 435-678-188, and 435-678-1881
- Central Consolidated School District: By appointment only. Contact Becky Brandt 505-368-5163 Ex. 20183
- Bloomfield Unified School District: By appointment only. Contact number 505-634-3882
- Kayenta Unified School District: Child Find held on Fridays 9:00am-12:00pm by appointment only. Contact numbers 928-697-2400, 928-697-2401, and 928-697-2408
- Tuba City Unified School District: Child Find February 18, 2022, and by appointment. Contact numbers 928-283-1028 and 928-283-1160
- Chinle Unified School District: Child Find December 3, 2021, by appointment only. Contact numbers 928-674-9357 and 928-674-9730
- Window Rock Unified School District: Child Find December 15, 2021, from 9:00-

**yá'át'ééh**

**hello, it is good**

11:00am. Contact number 928-729-6754

- Pinon Unified School District: Child Find December 15, 2021, by appointment only. Contact numbers 928-725-2225 or 2131
- Ganado Unified School District: Child Find December 6 & 7, 2021 by appointment only. Contact number (928) 755-1200
- Cedar Unified School District: Child Find December 7, 2021, at Jeddito Elementary School. Contact number (928) 738-2334.

### Family Services/Engagement:

- Reminder: MARCH is for parents to update their learning options.
- Future Outlook: Transition Tuesday is upcoming for all our NHS students transitioning to Kindergarten, ZOOM link will be provided.

### Upcoming Events:

- February 8, 2022- Parent Training
- February 22, 2022- Parent Training
- February 24, 2022- 6:00 – 7:15 PM *Parent Math & Literacy Night*, THEME: Adedhaniih-Valentines. There will be a ZOOM link available prior to date

## Facilities & Transportation



### Navajo Nation Guideline for **FULLY VACCINATED/BOOSTED** individuals

COVID Status	Self Care Action Plan
<b>Cases-Anyone who tests positive for COVID</b>	<ol style="list-style-type: none"> <li><b>Isolate:</b> Stay at home away from others for 10 days since symptoms began (or from test date if no symptoms). Isolation can be shortened to 5 days only if a test on day 5 is negative AND no symptoms or resolving symptoms.</li> <li><b>Mask around others:</b> All cases should mask for the full 10 days, both in and outside of home.</li> </ol>
<b>Contacts-Anyone who has been exposed to someone with COVID</b>	<ol style="list-style-type: none"> <li><b>Quarantine:</b> Staying at home (quarantine) is not required for people who are fully vaccinated and boosted who have no symptoms.</li> <li><b>Mask around others:</b> Wear a mask around others at all times (including at home) for 10 days after last exposure.</li> <li><b>Testing</b> is important to prevent silent spread: <ul style="list-style-type: none"> <li>Get tested <b>five days after your last exposure</b> regardless of symptoms.</li> <li>Test right away if <b>COVID symptoms develop</b> any time in the 10 day period and isolate away from others while awaiting the test result.</li> </ul> </li> </ol>

### Navajo Nation Guideline for individuals who are **NOT FULLY VACCINATED AND BOOSTED**

COVID Status	Self Care Action Plan
<b>Cases-Anyone who tests positive for COVID</b>	<ol style="list-style-type: none"> <li><b>Isolate:</b> Stay at home away from others for 10 days since symptoms began (or from test date if no symptoms). Isolation can be shortened to 5 days only if a test on day 5 is negative AND no symptoms or resolving symptoms.</li> <li><b>Mask around others:</b> All cases should mask for the full 10 days, both in and outside of home.</li> </ol>
<b>Contacts-anyone who has been exposed to someone with COVID</b>	<ol style="list-style-type: none"> <li><b>Quarantine:</b> Stay at home away from others for 10 days after last exposure. Quarantine may be shortened to 5 days only if a test on day 5 is negative AND no symptoms.</li> <li><b>Mask around others:</b> Wear a mask around others at all times (including at home) for 10 days after last exposure.</li> <li><b>Testing</b> is important to prevent silent spread: <ul style="list-style-type: none"> <li>Get tested <b>five days after your last exposure</b>, regardless of symptoms.</li> <li>Test right away if <b>COVID symptoms develop</b> any time in the 10 day period and isolate away from others while awaiting the test result.</li> </ul> </li> </ol>

#### Internal Alert:

- Submit an internal alert in ChildPlus if you are needing assistance with repairs/maintenance
- Submit an internal alert to Mr. Hale, if there is a positive case or exposure in your center. Do not send it in ChildPlus.
  - Who, what, when, where, and how?
  - No names in your report.
  - Submit it right away, do not hang onto reports.

#### Reminders:

- Double check all hand sanitizers and the expiration dates on bottles.
- If there are request for air purifiers, please submit through ChildPlus in Store Request tab and click 'save'.

## Health & Nutrition

- February 2022 is National Children's Dental Health Month by American Dental Association. Promote good oral health care to children throughout the month.
- All CACFP monitoring for Shiprock District is complete.
  - Reminder to staff: maintain all CACFP record keeping and to be accurate and up to date (record all substitutions).
  - Date all food stored in pantry/freezer/fridge.
  - Discard any personal food/drinks stored in fridge.
  - Maintain all appliances, temp., and cleaning logs.
  - Use ChildPlus for store request of to go trays and plastic utensils.
- Check first aid kits each month and complete monthly checklist for inventory purposes (check expiration dates).
- The audio calibration has been a hinderance since September 30, 2021, and since then no hearing screenings have been performed. Currently, Navajo Head Start Finance has indicated the renewal contract is in the process and currently in the hands of Navajo Nation DOJ for review. This has delayed the hearing screening for all Navajo Head Start children that are enrolled. This is mandated by the Head Start Program Performance Standards; screenings must be completed within 45 days of enrollment.
- The second update is the Fort Defiance IHS-OEH has reviewed and assessed the electrical food warmers and bags as of yesterday, January 26. It has been approved for the Head Start Centers to begin implementing the food warmers. However, once they are tagged and a Standard of Operation (SOP) has been developed and presented before the NHSPC for approval, thereafter, they will be released to the Head Start sites needing the equipment. Before releasing the food warmers, the equipment will be tagged.
- NHS needs to identify which centers would most likely put the electrical food warmers and bags to use, etc.? Once a list of where the equipment will be going, Health and Nutrition Specialist will begin making arrangements to assign them out to the centers and staff. *(Note: There are eight (8) electrical food warmers and five (5) food warmer bags that have been purchased by Finance).* Thank you to Finance Team for making this possible to our Navajo Head Start children and staff.

- HNL will be conducting CACFP monitoring site visits for both NM/AZ and this includes the citations from OEH and IHS that are ongoing for CAP. The HNL staff will address these violations and begin making corrections with the center staff and once this has been addressed with CAP, OEH/HIS, Health and Nutrition Specialist will contact the health department to conduct another assessment for the centers that have deficiencies.

- Sysco food deliveries are happening bi-weekly on Tuesdays during payroll week. As of this January 24 through February 25<sup>th</sup>, due to the conversion to in-person learning to remote learning, the food/snack alternatives have changed to pm snacks only.

- February 1, 2022, SYSCO Food/Snack Deliveries:

Route 2024 Denehotso at 7:50 am  
 Oljato at 9:00 am  
 Navajo Mountain at 1-1:30 pm  
 Shonto at 4:30/5:00 pm  
 Route 2040  
 Cornfield at 8:00 am  
 Low Mountain at 10:30 am  
 Tonalea at 4:30 pm  
 Route 2042  
 Chinle at 3 pm  
 Route 2043  
 Tohatchi at 11 am  
 Route 2044  
 St. Michaels at 10 am

- Lastly, new hire, Teneah Davis, Health and Nutrition Liaison officially started on February 2, 2022. Please help me welcome our new Health and Nutrition Liaison.

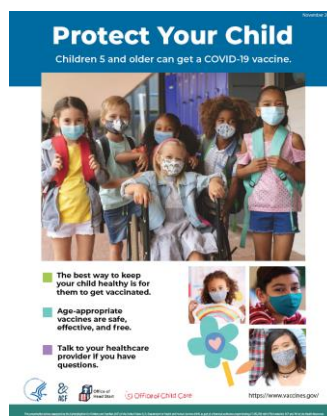
- *\*Original food invoices will need to be submitted to your assigned HNL.*



- New variant is out, Omicron, so be cautious and don't congregate with groups of people.
- Always sanitize yourself and your families of pathogens
- Always screen everyone that comes to the centers as some are reported that they are not taking temps and information of visitors.

## Human Resources

- Reminder: It is the employee responsibility to take care of their expiration dates on their documents and should not depend on their supervisor or HR to notify the employee of expiration dates.
- The HR Office would like to promote other Navajo Nation Employee Benefit programs and would like to introduce you to the Navajo Nation Employee



Counseling Services. Employee Counseling Services is committed to making a positive impact in the workplace and to help Navajo Nation employees and their immediate family members who may develop social, behavioral, or health-related problems that could affect work performance. Their services can be self-referrals, information referrals from supervisors, and formal referrals from supervisors. We

encourage our staff to utilize these services as they are free and confidential.

**Ayóó'ánínínishní  
 nidah'alchíni**

